LISTING OF THE CLAIMS

1. - 10. (canceled).

- 11. (previously presented) A method for treating cancer in an animal in need thereof, the method comprising administering to the animal a composition comprising an extract of *Inula britannica* in an amount sufficient to induce phosphorylation of Bcl-2, such that the cancer is treated, wherein the extract comprises 1-O-acetylbritannilactone.
- 12. (previously presented) A method for treating cancer in an animal in need thereof, the method comprising administering to the animal a composition comprising an extract of *Inula britannica* in an amount sufficient to induce phosphorylation of Bcl-2, such that the cancer is treated, wherein the extract comprises 1,6-O-O-diacetylbritannilactone.
 - 13. -14. (canceled).
- 15. (previously presented) The method of claim 11, wherein the animal is a human.
- 16. (previously presented) The method of claim 12, wherein the animal is a human.
- 17. (previously presented) The method of claim 15, wherein the cancer is ovarian cancer.
- 18. (previously presented) The method of claim 16, wherein the cancer is ovarian cancer.
- 19. (previously presented) The method of claim 15, wherein the cancer is prostate cancer.
- 20. (previously presented) The method of claim 16, wherein the cancer is prostate cancer.
- 21. (previously presented) The method of claim 15, wherein the cancer is breast cancer.

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- 22. (previously presented) The method of claim 16, wherein the cancer is breast cancer.
- 23. (previously presented) The method of claim 15, wherein the composition is administered to the animal as a dietary supplement.
- 24. (previously presented) The method of claim 16, wherein the composition is administered to the animal as a dietary supplement.
- 25. (previously presented) The method of claim 17, wherein the amount produces at least a fifty percent (50%) decrease in cell viability of PA-1 cells relative to a control.
- 26. (previously presented) The method of claim 18, wherein the amount produces at least a fifty percent (50%) decrease in cell viability of PA-1 cells relative to a control.
- 27. (previously presented) The method of claim 25, wherein the concentration is about $2 \mu M$.
- 28. (previously presented) The method of claim 26, wherein the concentration is less than 7.815 μM .
- 29. (previously presented) The method of claim 19, wherein the amount produces at least a fifty percent (50%) decrease in cell viability of Du-145 cells relative to a control.
- 30. (previously presented) The method of claim 20, wherein the amount produces at least a fifty percent (50%) decrease in cell viability of Du-145 cells relative to a control.
- 31. (previously presented) The method of claim 30, wherein the concentration is less than 15.6 μM .
- 32. (previously presented) The method of claim 21, wherein the amount produces at least a fifty percent (50%) decrease in cell viability of MCF-7 cells relative to a control.
- 33. (previously presented) The method of claim 22, wherein the amount produces at least a fifty percent (50%) decrease in cell viability of MCF-7 cells relative to a control.
- 34. (previously presented) The method of claim 32, wherein the concentration is about 200 μ M.

- 35. (previously presented) The method of claim 33, wherein the concentration is less than 12.5 μM .
- 36. (previously presented) The method of claim 11 or 12, wherein the extract is prepared from the floral parts of *Inula britannica*.
- 37. (previously presented) The method of claim 11, wherein the extract further comprises 1,6-O-O-diacetylbritannilactone.
- 38. (previously presented) The method of claim 37, wherein the extract is a chloroform-soluble fraction of an *Inula britannica* var. *chinensis* ethanol extract.